

Livercare Tablets - HealthAid

The liver is the metabolic centre of the body, responsible for the processing of much of the body's metabolic waste. The liver processes this through two main mechanisms, known as phase 1 and phase 2 detoxification. Modern lifestyle choices can force the liver to work hard; and nutritional support may be beneficial for it to function optimally.

Recommended Daily Intake For Livercare Tablets

Adults and children over 16 years of age, two Livercare Tablets daily. Do not exceed recommended daily intake unless advised by a suitably qualified person.

Caution: Please seek professional advice before taking this supplement if you are pregnant or likely to become pregnant, and/or if you are on prescribed medication.

**** No added Sugar or Salt**

**** Free from YEAST, GLUTEN, WHEAT, SOYA, STARCH & DAIRY**

**** Free from ARTIFICIAL COLOURS, PRESERVATIVES & FLAVOURINGS**

**** Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.**

Two Livercare Tablets Contain (Average):		%NRV	Two Livercare Tablets Contain (Average):		%NRV
Beta Carotene	10 mg	*	Thiamine (Vitamin B1)	2.8 mg	255
Riboflavin (Vitamin B2)	3.2 mg	229	Niacin (Vitamin B3)	36 mg	225
Vitamin B6	4mg	286	Folic Acid	400 µg	200
Vitamin B12	2 µg	80	Pantothenic acid (Vitamin B5)	12 mg	200
L-Cysteine	200 mg	*	L-Glutamine	200 mg	*
L - Methionine	200mg	*	Choline	200mg	*
Inositol	200mg	*	Dandelion Root	200mg	*
Artichoke leaf Powder	100mg	*	Curcumin Extract	50mg	*
Milk Thistle Extract**				80mg	*

(**standardised to min 80% silybins)

*: EC Nutrient Reference Value Not Yet Established

INGREDIENTS FOR LIVERCARE TABLETS :

Bulking Agent (di-calcium phosphate, microcrystalline cellulose), Choline Dihydrate Citrate, Inositol, L-Cysteine HCL, L-Glutamine, L-Methionine, Milk Thistle Extract (Silybum marianum), Curcumin Extract (Curcuma longa), Dandelion Root (Taraxacum officinalis), Vitamin B3 (nicotinamide), Anti-caking Agents (veg.magnesium stearate, veg. stearic acid), Artichoke Leaf Powder (Cynara scolymus), Vitamin B5 (calcium d-pantothenate), Beta Carotene, Vitamin B6 (pyridoxine HCL), Vitamin B2 (riboflavin), Vitamin B1 (thiamine), Folic Acid, Vitamin B12 (cyanocobalamin), Binding agents [acacia, polyvinylpyrrolidone (PVP)]